



The inaugural NFL-Tillman Military Scholar and recipient of a Horatio Alger Military Scholar award, Patrick has gained both local and national accolades for his military service, academic career and work as a professional speaker and trainer. He spent nearly seven years in the U.S. Army as a paratrooper and completed three combat deployments in leadership positions. His military awards include the Bronze Star Medal and the Purple Heart Medal.

Patrick has significant experience in providing practical learning opportunities for diverse audiences on topics ranging from leadership to overcoming adversity, and effective communication. He seamlessly uses his personal experiences to help facilitate a more robust leadership discussion.

Off the proverbial leadership field, he serves his community by actively volunteering with Tee It Up for the Troops, a non-profit organization that raises money for wounded veterans.

Patrick studied at Minnesota State University and received a Bachelor's Degree graduating Magna Cum Laude, as well as a Master's Degree. Patrick lives with his wife Shanna and their two daughters in Elk River, Minnesota.

**ENDORSEMENTS**

“Patrick Nelson is an extraordinary young man whose gift for relating his personal journey through combat and recovery is simultaneously inspiring, entertaining, and quietly instructive. It is a story that all Americans should hear, and only he can tell it.”

General (Ret) Stanley McChrystal

“Not only did Sean and Patrick do a great job of teaching our managers leadership practices, but their real-world experience added tremendous credibility to the overall program.”

Kelley Tate  
President  
Cummins Power Systems

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